



DIETARY SUPPLEMENT QUALITY TRAINING

from NSF International





NSF International’s Dietary Supplement Quality Training starts with a group of qualified NSF professionals capable of focusing on improving quality systems and management for your employees. A company’s most valuable assets are its people. When you choose a dietary supplements training course, NSF will provide you with a professional, experienced instructor, offering years of knowledge, insight and expertise in an interactive classroom setting.

DIETARY SUPPLEMENTS TRAINING COURSES

The training program assists dietary supplement manufacturers and suppliers to comply with regulatory expectations by providing focused training courses and webinars on a broad range of topics.

2 DAYS Foreign Supplier Verification Course

This course provides participants with the knowledge to implement the requirements of the Foreign Supplier Verification Programs (FSVP) for Importers of Food for Humans and Animals regulation of the U.S. Food and Drug Administration. This regulation is one of a number of regulations and guidances that implement the provisions of the 2011 Food Safety Modernization Act, which focuses on safe food practices. COST: \$900

1 DAY Food Safety Modernization Act

The recent rule changes associated with the Food Safety Modernization Act (FSMA) will have a dramatic impact on the food safety and regulatory landscape for facilities producing products regulated by the FDA; and compliance deadlines for FSMA are quickly approaching. Although dietary supplements are exempt from the preventive controls requirements of 21 CFR 117, the preventive controls are just one part of the seven new rules implemented by FSMA.

Dietary supplements are still subject to other parts of 21 CFR 117 and are also required to be compliant with the other applicable rules and regulations established under FSMA.

This course provides an introduction to all seven new rules and regulations established by FSMA and provides insight into which rules impact dietary supplement companies. The course also provides tools, references and ideas for implementing the changes needed to be compliant with FSMA regulations. COST: CURRENT NSF DIETARY SUPPLEMENTS CLIENTS \$700 / GENERAL \$1,000

ON-SITE TRAINING

CUSTOMIZED SOLUTIONS NSF International will work closely with you to provide tailored courses to meet your specific needs.

We can also develop a series of training sessions designed to educate your entire workforce or particular employees through specific training for their job duties.

For more information or to request a quote email dstraining@nsf.org.

DIETARY SUPPLEMENTS TRAINING COURSES

1 DAY Vendor Qualification and Audit Training

Unless you intend to test every shipment of every component for every specification, you must qualify your vendors. But FDA does not provide much guidance on how to qualify vendors. This class is designed to give people who want to improve quality in their facility, and who already have a basic understanding of dietary supplement GMPs, the knowledge and skills necessary to qualify suppliers. Since the evaluation of all types of suppliers often involves auditing, this course incorporates a fresh look at the process of auditing and the skills and techniques necessary to get the most from these activities. The auditing skills and techniques learned in this course are independent of the type of auditing or the standard being audited, and will be useful when conducting internal audits as well as performing audits of suppliers.

COST: CURRENT NSF GMP CLIENTS \$700 / GENERAL \$1,000

2 DAYS 21 CFR 111 Dietary Supplement GMP Overview

FDA expects all companies that manufacture, package or hold dietary supplement products to follow the 21 CFR 111 dietary supplement CGMPs. This course provides a basic understanding of CGMPs and the responsibilities expected for various individuals and groups within the company. Participants will learn how to apply CGMP principles to specific situations. The course is interactive, with hands-on exercises including case studies from recent warning letters. Bring your questions and prepare to interact with the instructor and your peers in the industry.

COST: CURRENT NSF DIETARY SUPPLEMENTS CLIENTS \$1,100 / GENERAL \$1,500

1 DAY Label Claims and Promotion

The labeling and promotion of your dietary supplement products are the most visible ways that the Food & Drug Administration and the Federal Trade Commission can track your compliance with federal regulations. This course shows you how to avoid making implied claims which could lead to regulatory enforcement. We also cover how public knowledge of FTC and FDA enforcement actions affects business performance.

The course is interactive, with hands-on exercises including case studies from recent warning letters. Bring your questions and prepare to interact with the instructor and your peers in the industry.

COST: CURRENT NSF GMP CLIENTS \$700 / GENERAL \$1,000

1 DAY SOP and Recordkeeping for Compliance With 21 CFR 111

The dietary supplement Current Good Manufacturing Practices (21 CFR 111) are performance-based regulations. The rules require persons who manufacture, package, label or hold a dietary supplement to establish and follow Current Good Manufacturing Practices to ensure the quality of the dietary supplement and that the dietary supplement is packaged and labeled as specified in the master manufacturing record. The CGMPs specify what you have to accomplish, but provide very little detail in how to go about it. The good news is that you have a great deal of flexibility in HOW to accomplish the requirements set forth in the CGMP. The downside is that YOU have to write SOPs that detail how you will meet those requirements. This course guides you through constructing an SOP and recordkeeping system, and provides guidance on the necessary tools for compliance.

COST: CURRENT NSF GMP CLIENTS \$700 / GENERAL \$1,000

1 DAY Botanical Material Verification

This course is designed for any quality assurance personnel working to meet FDA compliance for botanical identity. This course focuses on analyzing botanical unknowns through classical botany and sensory testing systems for botanical identification. This course may also support in-house testing for botanical ID. We provide an overview and review of the important aspects of quality assurance in QA testing and test development of botanical ingredients and its relations to the natural products industry and alternative medicine practices. We review proposed guidelines for herbal ID testing as it relates to Good Manufacturing Practices and all issues regarding quality testing.

Through lectures and lab participation, we also focus on techniques for identifying botanical species, adulterants and contaminants and how to analytically test and record these subjective systems.

COST: CURRENT NSF GMP CLIENTS \$700 / GENERAL \$1,000



REGISTER NOW: www.nsf.org/info/training

GROUP DISCOUNTS OFFERED Visit our website to view our upcoming courses and locations.

NSF supports the dietary supplement industry worldwide by providing high-quality training on a variety of topics instrumental to understanding regulations and critical to achieving or maintaining regulatory compliance. Our comprehensive training approach goes far beyond just content delivery. Our instructors' extensive industry expertise provides tangible, real-world case studies of workplace situations and one-on-one interaction.

Payment Policy: Payment for public courses is due upon registration. Course registration is not official until payment is received. NSF International accepts Visa, MasterCard and American Express. If another method of payment is required, please contact 800-NSF-MARK, x5600.

Cancellation/Transfer Policy: Substitutions are welcome anytime; however please notify us as soon as possible to make the necessary changes

Early Cancellations: More than two weeks prior to the course date will be issued a refund less a 25% processing charge.

Late Cancellations: Less than two weeks prior to the course date are not issued a refund

Program Cancellation: NSF International reserves the right to cancel or postpone a course due to unforeseen circumstances. Should this occur, you will be notified as soon as possible. All efforts will be made to notify participants at least two weeks before the scheduled events. If NSF cancels a course, your entire registration fee will be refunded.

Register today at www.nsf.org/info/training.



2019

DIETARY SUPPLEMENTS WEBINARS

1 HOUR 21 CFR 121 Food Defense Plans for the Dietary Supplement Industry Webinar

Food defense is a new area of compliance for the food industry and this includes dietary supplement manufacturers. In this one-hour webinar we cover the aspects of 21 CFR 121 that apply to dietary supplement manufacturers and raw material suppliers. You will learn what a food defense plan is and what constitutes intentional adulteration. **COST: \$250**

1 HOUR 21 CFR 117 for the Dietary Supplement Industry Webinar

Dietary supplement manufacturers may be exempt from the preventive controls requirements of 21 CFR 117, but they are not completely exempt from all aspects of this new regulation. In this one-hour webinar we highlight the aspects of 21 CFR 117 that apply to dietary supplement manufacturers and raw material suppliers. You will learn which new CGMP requirements in 21 CFR 117 Subpart B are required for dietary supplement manufacturers and are now an extension of the CGMP requirements in 21 CFR 111. You will also learn how to determine which parts of 21 CFR 117 apply to dietary supplement manufacturers and to raw material suppliers. **COST: \$250**

1.5 HOURS Food Safety Plans and Hazard Analysis for the Dietary Supplement Industry Webinar

Although dietary supplement manufacturers may be exempt from the preventive controls requirements of 21 CFR 117, the rules apply to raw material suppliers and dietary supplement companies that manufacture food products, such as meal replacements. These companies are required to have a written food safety plan. In this 1.5-hour webinar we highlight the key requirements of 21 CFR 117 Subpart C that are required for all raw material suppliers and any manufacturer that makes a product with a Nutrition Facts label. You will learn what a food safety plan is and what you and your raw material suppliers need to do to be compliant with this part of the regulation. **COST: \$275**

1 HOUR Foreign Supplier Verification Programs for the Dietary Supplement Industry Webinar

Dietary supplement companies and raw material suppliers are not exempt from the Foreign Supplier Verification Program (FSVP) requirements outlined in 21 CFR 1 Subpart L. There are, however, modified requirements for companies that are following 21 CFR 111. In this one-hour webinar we highlight the key requirements of the FSVP for raw material suppliers and dietary supplement companies. You will learn how the FSVP requirements are an extension of 21 CFR 111, as well as what you and your raw material suppliers need to do to be compliant with this part of the regulation. **COST: \$250**

5 HOURS Two-Part Vendor Qualification and Audit Webinar

Unless you intend to test every shipment of every component for every specification, you must qualify your vendors. But FDA does not provide much guidance on how to qualify vendors. This webinar is designed for individuals who have a basic understanding of dietary supplement GMPs, and would like to improve quality by qualifying suppliers. Since the evaluation of suppliers of all types often involves auditing, this webinar incorporates a fresh look at the process of auditing and the skills and techniques necessary to get the most from these activities. These auditing skills and techniques are independent of the type of auditing or the standard being audited, and will be useful in conducting internal audits as well as performing audits of suppliers. **COST: \$450**

5 HOURS Two-Part Label Claim and Promotion Webinar

The labeling and promotion of your dietary supplement products are the most visible ways that the Food & Drug Administration and the Federal Trade Commission can track your compliance with federal regulations. This webinar shows you how to avoid making implied claims which could lead to regulatory enforcement. We also cover how public knowledge of FTC and FDA enforcement actions affects business performance. **COST: \$450**

WEBINARS: LIVE ONLINE TRAINING

1.5 HOURS FSMA Supply Chain Programs for the Dietary Supplement Industry Webinar

Although dietary supplement manufacturers may be exempt from the preventive controls and supply chain program requirements of 21 CFR 117, the rules apply to raw material suppliers and dietary supplement companies that manufacture food products, such as meal replacements. These companies are required to have a written supply chain program as part of their food safety plan. In this 1.5-hour webinar we highlight the key requirements of 21 CFR 117 Subpart G that are required for all raw material suppliers and any manufacturer that makes a product with a Nutrition Facts label. You will learn what the FSMA-based supply chain programs have in common and how they differ from the supplier qualification requirements of 21 CFR 111, as well as what you and your raw material suppliers need to do to be compliant with this part of the regulation.

At the end of the webinar, you will:

- > Understand the components of a supply chain program
- > Know where to find the new regulations
- > Recognize the difference in supplier qualification requirements under 21 CFR 111 and 21 CFR 117 Subpart G
- > Know what is required for supplier audits

COST: \$275

Register today at www.nsf.org/info/training.



CONTACT US

For more information, visit www.nsf.org or contact dietarysupplements@nsf.org.



NSF INTERNATIONAL | DIETARY SUPPLEMENTS

789 N. Dixboro Road Ann Arbor, MI 48105 USA

T +1 734 680 7402

E dietarysupplements@nsf.org

www.nsf.org